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## Book Urine Therapy How To Drink Your Own Urine

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**Urine Therapy - How To Drink Your Own Urine eBook: Smith ...**

Basically, the little e-pamphlet that is Urine Therapy amounts to a stranger nudging you on a bus and saying "Hey, guess what?" Read the full ebook Sample Reader review here . Strong eye contact and a winning smile counts for a lot, but I have to say, if someone wants me to believe that drinking urine can cure herpes I'm going to need to see a link in the footnotes.

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## **Urine Therapy - How To Drink Your Own Urine by Craig Smith**

Urine Therapy includes many case histories of people who have successfully treated their ailments with urine, along with cogent explanations of why urine does what it does, how to ensure that the wastes flushed out with your urine aren't taken back in, and why urine may be the best tonic available for your immune system. In addition to protocols for using urine to treat a wide array of diseases, the book offers a program that teaches you step-by-step to overcome any initial aversion to urine ...

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Buy Golden Fountain: The Complete Guide to Urine Therapy Reprint ed. by van der Kroon, Coen, Saraswati, Swami Pragyamurti, Dranow, Merilee (ISBN: 9781635617740) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Urine Therapy includes many case histories of people who have successfully treated their ailments with urine, along with cogent explanations of why urine does what it does, how to ensure that the wastes flushed out with your urine aren't taken back in, and why urine may be the best tonic available for

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your immune system. In addition to protocols for using urine to treat a wide array of diseases, the book offers a program that teaches you step-by-step to overcome any initial aversion to urine ...

## **Urine Therapy : Nature's Elixir for Good Health - Google Books**

Then collect the urine (known as mid-stream urine or MSU). Stop collecting before your bladder is empty. Drink the urine for a couple of weeks, then take a break for a week or two. It is best not to drink large quantities for extended periods. Rather, let smaller quantities of urine act as a stimulant and pick-up.

## **Urine therapy natural traditional remedies**

Urine Therapy or "Shivambu" is an ancient method of treatment. Reference of Urine Therapy is found in almost all the volumes of Ayurveda. In ancient books and Vedas, Urine is referred to as "Shivambu" (auto-urine), which means Water of Shiva. They termed "Shivambu" as holy liquid. According to them, urine is more nutritious than milk.

## **Natural Benefits of Urine Therapy: SHIVAMBU "Nectar of ...**

This book was first given to me by my step sister-in-law and she was very enthusiastic about it and so I read it. At the time I had a sore throat which didn't go away until I tried this urine therapy and then, shortly

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after, my sore throat cured.

## **The Water Of Life: A Treatise on Urine Therapy eBook ...**

Urine Therapy is age old practice of drinking and washing in ones own urine and applying it to the body in several other ways. Urine is essentially, all the beneficial, life-giving substances that are carried along with the bloodstream. If a blood sample is taken and left standing up in a test-tube, the red blood cells would sink to the bottom of the test-tube leaving a yellowish liquid that the doctor's call "blood plasma", the medical term for it is "Plasma Ultrafiltrate" or highly ...

## **Allegedly Dave: Urine Therapy**

The proper method of Urine therapy is Drinking Urine, Massaging the whole body with Urine, keeping Urine wet pack, drinking water, and juices and by maintaining a balanced light diet. Persons who adopt this treatment in proper method will pass white colorless Urine (like water) which does not contain any smell and they can gain proper knowledge to achieve maximum benefits.

## **::URINE THERAPY::**

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bao yafu urine therapy is just another daily routine he drinks three cups of his own urine every day and even washes his eyes and wipes his face with it in these 22 years Urine Therapy Natural Traditional Remedies

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therapy an ancient technique of using your own urine ingesting injecting inhaling or applying topically for the technique is really simple only by consuming the urine in a cup of a tea size every morning you must pick the right urine to do this the cleanest one so if you find that your urine is in a bad condition like very bad smells very thick

## **Urine Therapy How To Drink Your Own Urine**

First of all the best way is to start very small. I'm talking just a drop or two in a glass of water. Try to get urine from the first time you go to the bathroom in the morning, mid stream. The first bit of urine that comes out usually contains more toxins. Consider doing a couple drops of your first morning's urine mid stream.

## **Why You Should Start Drinking Your Own Pee - The Many ...**

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